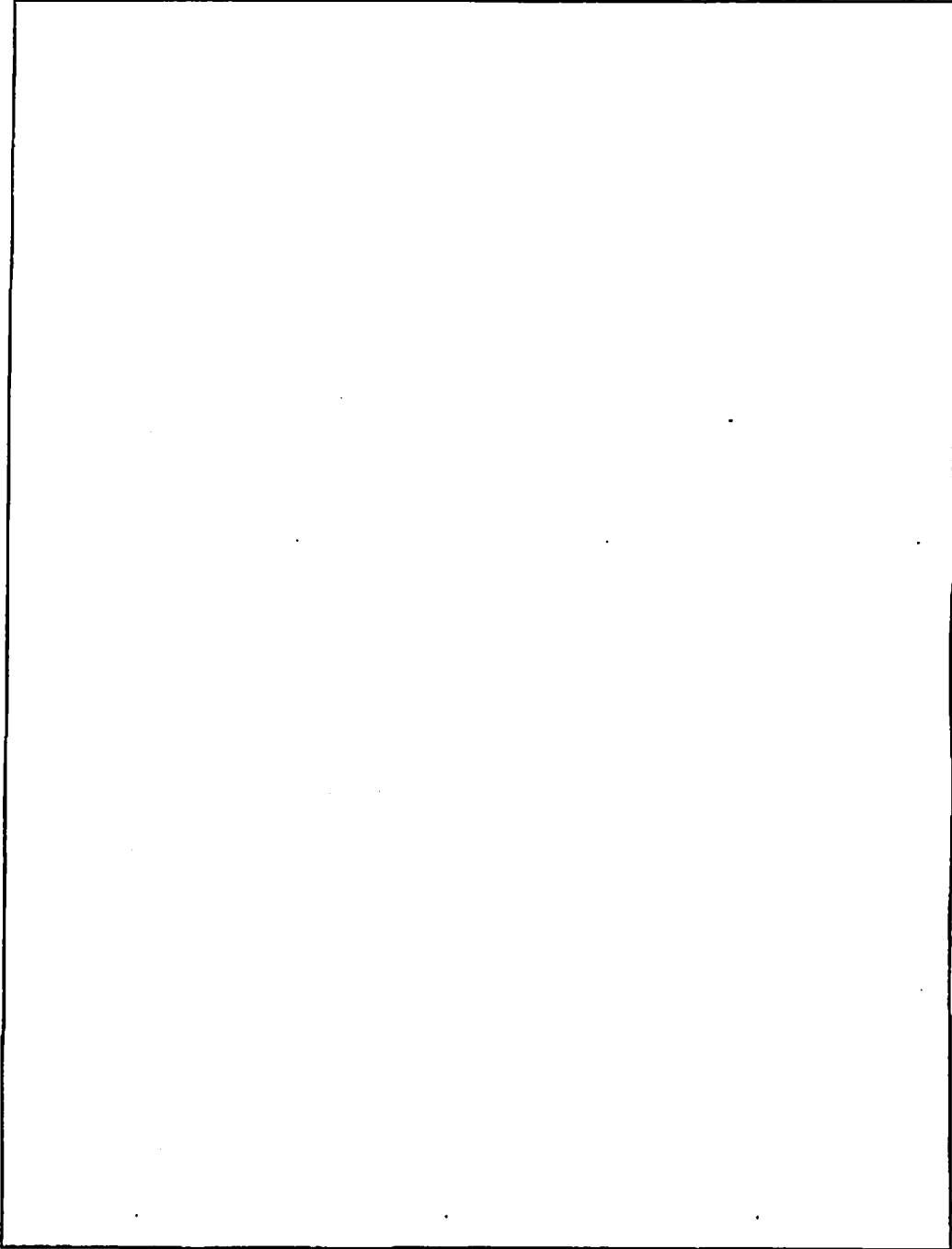


VHP Hindi Class Prayer and Song Booklet

Name _____





Gayatri Mantra

ॐ भूर्भुवः स्वः, तत्सवितुर्वरेण्यं ।
भर्गो देवस्य धीमहि, धियो यो नः प्रचोदयात् ।

Om Bhur-Bhuvah-Svah, Tat-Savitur-Varenyam,
Bhargo-Devasya-Dheemahi, Dhiyo-Yo-Nah-Prachodayaata.

*Let us meditate upon the glory of Ishwar, who has created this universe,
who is fit to be worshipped, who is the remover of all sins and ignorance.
May He enlighten our intellect.*

Peace Invocation

ॐ सह नाववतु, सह नौभुनक्तु, सह वीर्यम करवावहै ।
तेजस्विनावधीतमस्तु, मा विद्विषावहै ।
ॐ शांतिः शांतिः शांतिः ।

Om saha naavavatu, Saha nau bhunaktu
Saha veeryam karavaavahai
Tejasvinavadhitamastu Ma vidvishavahai
Om Shantih Shantih Shantih

*Om, May Lord protect us, May He cause us to enjoy,
May we exert together,
May our studies be thorough and faithful,
May we never quarrel with each other.
Om Peace Peace Peace*





Guru Mantra

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः ।
गुरुः साक्षात् परब्रह्मा तस्मै श्री गुरुवे नमः ।

Gurur Brahma Gurur Vishnu Gurur Devo Maheshvara
Gurur Shashaath Para-Brahma Tasmai Shri Guruve Namah

I prostrate to that Sri Guru, who is himself Brahma, Vishnu, and God Maheshvara, and who is verily the Supreme Absolute itself.

त्वमेव माता च पिता त्वमेव
त्वमेव बन्धुश्च सखा त्वमेव ।
त्वमेव विद्या द्रविणं त्वमेव
त्वमेव सर्वं मम देव देव ।

Tvameva Mata Cha Pita Tvameva
Tvameva Bandhuscha Sakha Tvameva
Tvameva Vidya Dravinam Tvameva
Tvameva Sarvam Mama Deva Deva

*O Lord! Thou art my mother and Thou art my father also;
Thou art my relative and my friend Thou art;
Thou art knowledge and wealth unto me;
Thou art my all-in-all, O Lord of Lords.*





ॐ असतो मा सद् गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्माऽमृतम् गमय ॥

Om, Asato Maa Sad Gamaya;
Tamaso Maa Gytira Gamaya;
Mrityora Maa Amritam Gamaya

*Lead me from the unreal to the real;
from darkness (ignorance) to light (knowledge);
and from death to immortality.*





अथेश्वर-स्तुति-प्रार्थनोपासना-मंत्राः

ॐ विश्वानि देव सवितर्दुरितानि परासुव । यद् भद्रं तन्न आसुव । 1

Om. vishvani deva savitar-durtani parasuva. Yad bhadram tanna asuva.

Om. O God, the creator of the universe and the Giver of all hapiness.

Keep us far from bad habits, bad deeds, and calamities.

May we attain everything that is auspicious.





Invocation to Lord Ganesh Before Starting Any Activity

वक्र तुण्ड महाकाय, सूर्य कोटि सम प्रभः ।
निर्विघ्नं कुरु मे देव, शुभ कार्येषु सर्वदा ।

Vakra-Tunda-Mahakaaya, Surya-Koti-Sam-Prabhah.
Nirvighnam-Kuru-Me-Deva, Subha-Karyeshu-Sarvadaa.

*O elephant headed and large bodied Lord, radiant as a thousand Suns, I
ask for your grace so that this task that I am starting may complete
without any hindrances.*





Prayer to Lord Shiva

ॐ त्र्यंबकं यजामहे सुगंधिम् पुष्टिवर्धनम्,
उर्वारुकमिव बंधनन्मृत्योर्मुक्षीय मामृतात्।

Om, Trayambakam-Yajaamahe-Sugandhim-Pushti-Vardhanam,
Urvarukam-iva Bandhanan-Mrityoram-Ukshiya-Maamritaat.

I worship the fragrant three-eyed one who nourishes all beings; grant me liberation in the same manner as a ripe cucumber naturally severs itself from the vine.



Bhojan Mantra

Anna grahana karane se pahale
Vichar man me karana hai
Kis hetu se is sarira ka
Rakshan poshan karana hai

He paramesvara ek prarthana
Nitya tumhare charano me
Lag jaye tan man dhan mera
Visva dharma ki seva me

Aum Saha Naavavatu
Saha Nau Bhunaktu
Saha Veeryam Karavaavahai
Tejasvinaa Vadheetamastu
Maa Vidvishaa Vahai||

AUM SHANTIH SHANTIH SHANTIH

The meaning

Before we take our food
We pause to think
For what purpose should we nurture and protect our body
O God, grant us this prayer, for which I bow with respect at your feet, that my body,
mind and wealth be put to use in the service of Universal Dharma

Let us protect each other.
Let us eat together.
Let us work together.
Let us study together to be bright and successful.
Let us not hate each other.

Aum Peace, Peace, Peace





Shanti Path

**Om Dyau Shanti Rantariksha Gwam
ShantiPrithvi Shanti Rapah
Shanti Roshadhayah Shanti Vanas Patayah
Shanti Vishwed Devah Shanti Brahma
Sarvag Wam
ShantiShanti Reva Shanti Sa Ma Shanti Redhi
Om Shanti Shanti Shanti**

The meaning

**Unto the Heaven be Peace, Unto the Sky and the Earth be Peace,
Peace be unto the Water, Unto the Herbs and Trees be Peace,
Unto all the Gods be Peace, Unto Brahma and unto All be Peace.
And may We realize that Peace.
Om Peace Peace Peace**





Vande Matram

वन्दे मातरम् ।
सुजलां सुफलां मलयजशीतलाम्, शस्यश्यामलां मातरम् ।
वन्दे मातरम् । 1

Vande Maataram
Sujalaam Suphalaam Malyajashitalaam Shasyashyamalaam Mataram, Vande Mataram

*Mother, I bow to thee! Rich with thy hurrying streams, bright with orchard gleams,
Cool with thy winds of delight, dark fields waving, Mother of might, Mother Free.*

शुभ्रज्योत्स्नां पुलकितयामिनीम्, फुल्ल-कुसुमित-द्रुम दल-शोभिनीम् ।
सुहासिनी, सुमधुरभाषिणीम्, सुखदां, वरदां, मातरम् ।
वन्दे मातरम् । 2

Shubhrajyotsnam Pulakitayaamineem, Phullakusumita Drudalshobhaneem
Suhaasineem Sumudhurbhashideem Sukhadaam Vardaam, Mataram, Vande Mataram

*Glory of moonlight dreams, over thy branches and lordly streams, clad in thy
blossoming trees, Mother, giver of ease, laughing low and sweet! Mother, I kiss thy feet,
speaker sweet and low, Mother, I bow to thee!*





NATIONAL ANTHEM OF INDIA

" Jana Gana Mana Adhinayaka Jaya He
Bharat Bhagya Vidhata
Punjab Sindh Gujarat Maratha
Dravida Utkala Banga
Vindhya Himachal Yamuna Ganga
Uccala Jaladhi Taranga
Tubh Shubha Name Jage
Tubh Shubha Ashisha Mange
Gahe Tubh Jaya Gata
Jan Gan Mangaldayak Jay He
Bharat Bhagya Vidhata
Jaye He ! Jaye He ! Jaye He !
Jaye, Jaye, Jaye, Jaye He "

Translation of The national anthem- Jana Gana Mana In English

Thou are the ruler of the minds of all people, dispenser of India's destiny.
The name rouses the hearts of Punjab, Sind, Gujarat and Maratha. Of the Dravid and
Orissa and Bengal.

It Echoes in the hills of Vindhya and Himalayas, mingles in the music of Yamuna
and Ganga and is chanted by the waves of the Indian Sea.

They pray for your blessing and sing thy praise. The salvation of all people is thy
hand, thou dispenser of India's destiny. Victory, Victory, Victory to thee.

Jana-Gana-Mana

(Thou Art the Ruler of All Minds)

The Indian National anthem, composed originally in Bengali by Rabindranath Tagore,
was adopted in its Hindi version by the Constituent Assembly as the National Anthem
of India on 24 January 1950. It was first sung 27 December 1911 at the Calcutta
session of the Indian National Congress. The complete song consists of five
stanzas. The lyrics were rendered into English by Tagore himself.



